



Dr. Jason Alder: A compassionate Upper Cervical Doctor with a passion to serve.

Dr. Jason Alder is a health professional that is passionate about improving lives. His world-wide training and experiences have lead him to the leading edge of natural healing through Upper Cervical Care. Dr. Alder

has extensive post-graduate work in the use of Advance Imaging technology and specific correction techniques. Dr Alder incorporates the latest research and the most up-to-date technology to provide his clients

with REAL SOLUTIONS to their health conditions.



.....Speaking Topics.....



Biblical Healing

The Bible is full of stories and accounts of healing – both of physical and spiritual infirmities. This presentation speaks of healing through understanding and applying forgiveness and mercy. Free yourself of the guilt and grudges that keep you from knowing and feeling spiritual healing.

Discussion Points

- ▶ "True Healing Through The Good Word"
- ▶ In His Image
- ▶ There is intelligence in your body
- ▶ The Spirit is Willing, the Flesh is Weak
- ▶ Healing the spirit
- ▶ Forgiveness – "Let it go"
- ▶ The True Physician
- ▶ Look up and be healed



The Best-Kept Secret In Healthcare

Find out why Upper Cervical Care has recently been identified as "The Best-Kept Secret In Healthcare." Learn about this revolutionary approach to caring for your health and see how you might benefit. We often see people who have been to every doctor and tried every known remedy to no avail. This is for you!

Discussion Points

- ▶ What are symptoms, why do they come and when will they go away?
- ▶ How your body responds to the 3 main stresses in life?
- ▶ Why are there posture changes and will they improve?
- ▶ How does my body compensate for imbalance and what does that have to do with my condition?
- ▶ How does the correction works and what can I do to maintain it?
- ▶ What can I expect from this care?



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Introduction to Natural Health & Healing

Join us for an introduction to the principles of natural healing. We'll discuss the various stages of health and illness and how you can start making positive decisions with your health. You'll begin to understand that true health comes from within and entails wholeness of the mind, body, and spirit.

Discussion Points:

- ▶ What is True Health & Healing?
- ▶ What are the biggest influences on your Health?
- ▶ How your body responds to the 3 main stresses in life?
- ▶ How to start including Natural Health into your lifestyle?
- ▶ Which Natural Health path is right for me?
- ▶ When will my body heal?



Intelligence & Interference

Very active and engaging presentation aimed to help understand the role of the central nervous system in our everyday life. This presentation requires volunteer participation. A strong visual impression about how health is managed by the "intelligence" inside your body.

Discussion Points:

- ▶ "Every organ, system and function is under direct control of the central nervous system"
- ▶ CNS role in Health Transmission of mental impulse
- ▶ Pass Interference
- ▶ Adaptations in your body
- ▶ The Brain-to-Body Communication



"Chiropractic is based on the premise that every gland, organ and cell of the body needs a nerve supply to function properly. It is with this basic thought in mind that the answer to, "What can you treat, doctor?" could be as varied and vast as the nervous system itself."

-Louis Sportelli, D.C.

Additional Topics

1. **Pediatric Health** - Life for the newborn depends on the preservation and healthy functioning of the brainstem and upper cervical cord.
2. **The Stem of Life** - The stem in plants allow for communication, passing of water & nutrients, and to give structure. Our stem (brainstem) coordinates similar functions.
3. **Occupational Health** - "Lift with your brain". Back & neck health in the workplace.
4. **Posture & Ergonomics** - Sitting, standing, sleeping with good posture. Using devices with balanced posture.
5. **Wellness Psychology** - Adding years to your life. getting a grip on stress, and staying positive.
6. **The Power of Belief** - Our beliefs are based off of our perception of life, which is based solely on our experiences and knowledge about life.
7. **Thots, Trauma, Toxins** - It's your future... Stress, attitude, nutrition, and physical health. Manage the 3 T's.
8. **Exercise for Special Populations** - From years of developing and leading fitness programs for brain and spinal cord injuries.
9. **The Immune System** - Raising a healthy child. Symptoms explained. Cause and effect of getting sick.
10. **Get Connected: Athletic Performance** - Athletes of all types, from the weekend warrior to the world-class athlete, utilize Chiropractic because it is a drug-free way to better health and performance.
11. **Living Healthy with Chronic Health Concerns** - All body systems would be immobilized without the nervous system. It controls and regulates every bodily activity down to the workings of the tiniest cell.
12. **Various Specific Conditions** - From ear aches, headaches and backaches to arthritis, fibromyalgia, and multiple sclerosis.

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